



901 Western Avenue, Courtyard Suite, Pittsburgh, PA 15233 // [stonewallalliance.org](http://stonewallalliance.org)

## Dodgeball Health & Safety Outline

For Stonewall Alliance and Stonewall Sports Pittsburgh, hosting a league is more than just gathering a group of people for a recreational activity. The league also wants to ensure thoughtful and responsible health and safety standards are in place. This guide provides detailed actions taken by Stonewall Sports Pittsburgh to create a safe environment for league play.

### Rule Adjustments

The following rule adjustments have been made in the interest of health and safety.

#### 1. Rosters

- Teams will be considered “full” at 20 players.

#### 2. Free Agents

- Free agents looking to join a team shall communicate with prospective captains using the league’s Facebook page. Captains must approve of each acquisition.
- Free agents will not be placed on teams by SDP Leadership.

#### 3. Game Times

- Games will adhere to a strict start & end time to help ensure there are no game overlaps and limit the amount of players in the gym.

#### 4. Arrival & Departure from the Field

- Players should self-assess themselves before arrival to the gym. If you are experiencing any symptoms of COVID-19 or have a temperature higher than 100.1°F, stay home! If you experience symptoms while at the gym, SDP Leadership retains the right to ask players to leave the gym immediately and if possible, seek medical care.
- Players for upcoming games will be asked to remain outside the gym and away from the entrances and exits of the gym until the current games have ended, and earlier teams have vacated the gym. We strongly encourage players to remain in their cars until fifteen (15) minutes prior to their starting time.
- Players/ Teams will enter and exit the YMCA from the main entrance on Centre Ave. Players are not permitted to enter or exit through the emergency exit in the gym.
- Once players have completed their games, all players must leave the gym. Sanitizing before exiting the gym is highly recommended. Players who are next

to play must wait until BOTH teams have cleared the gym and surrounding area (bleachers, etc).

## **5. Game Play**

- Allotted start and end times of each game will be strictly enforced. If a team cannot produce the minimum number of players (8), the team will be subject to forfeit. A game may be ended at the end of the full inning if the time allotted for the game has been reached. The score at that time will be recorded as final.
- Balls will be sanitized between each game.

## **6. Attendance**

- Players in- and out-of-play must adhere to the six-foot physical distancing with other teams.
- No substitutions from other teams to avoid contact exposure.
- Arrive 15 minutes prior to game time for the check-in/screening process.

## **7. Between Matches**

- Masks are required at all times for non-vaccinated players while in the gym. The leadership board retains the right to adjust the safety guidelines and masking procedures at any point during the season.

## **8. Attire**

- Latex/Non-Latex gloves will be permitted for this season. Any performance-improvement or athletic gloves will not be permitted, as these do not prevent the spread of germs.
- Mask usage is recommended, but not required for vaccinated members. Non-vaccinated members must wear a mask at all times.
- Players should arrive at the gym dressed for play! Any clothing changes must be done away from the gym!

## **9. Playoffs/Championship Tournament**

- Due to the nature of this season, it is entirely possible that teams may not be able to complete or participate in all games that are scheduled. If a game is forced to be postponed and ultimately canceled due to any reason, the rankings for the season will be posted and followed using actual games played.
- Playoffs schedule will be determined by standings after the final week.

## **10. Miscellaneous**

- A board member will be at the door to help to maintain that these guidelines and adjustments to stop the spread are adhered to this season.
- Players for games that have just ended are asked to leave the gym immediately after their game ends.
- Individuals who are not members/players of Stonewall Dodgeball PGH are strongly discouraged from spectating this season.

- Players are encouraged to bring their own water/water bottles. Sharing outside of the household should not be done unless in an extreme emergency.
- There will be a strict adherence to no alcoholic beverages permitted this season before, during, or after games. Players will be given one warning per season and asked to leave immediately after any additional violations.
- If exiting the gym to use the bathroom, please maintain a physical distance from any other player or person, limiting exposures to others.

## **Health & Safety Accommodations**

- SDP Leadership will be following CDC guidelines regarding exposure, testing and travel.
- If in the last 14 days you have come into contact with anyone exhibiting COVID-19 symptoms or having a confirmed or pending diagnosis OR you yourself are exhibiting symptoms/pending a diagnosis, you will be ruled ineligible to play.
- If you have traveled out of state in the last 14 days, the CDC recommends a stay at home period of 10 days without COVID testing. If tested within 3-4 days of your return, the stay home period is 7 days. Players who have been vaccinated are excluded from the above criteria.
- Players who have a close contact with a confirmed or suspected COVID+ contact need to isolate for 14 days. (cdc.gov) This EXCLUDES individuals who have had COVID-19 in the last 3 months or those who are fully vaccinated and showing no symptoms. Players can present proof of their vaccinations confidentially to an SDP board member in order to determine appropriate actions and eligibility of the individual player.
- These guidelines are subject to change as the CDC updates their recommendations. Each player will have their eligibility reviewed on a case by case basis.
- Game balls will be wiped down/sanitized before each game by SDP leadership.
- Referees will wear faceshields during games.
- High fives and handshakes between teammates and opposing teams are prohibited. Players should show an alternative display of comradery or celebration while maintaining all recommended social distancing.
- All players who are sick or not feeling well are required to stay home. If symptoms appear while at the gym, the leadership board retains the right to ask the player to leave and seek medical care.